

Monday, October 27, 2008

From the desk of Dr. John Spencer Ellis

Now is the best time to make big strides in your life. That's what I am doing. And that is what my mentors, who are far more successful than me, are doing, too. There are so many incredible opportunities in front of you - right now. Take a moment to learn how to cease them.

Follow my plan for thriving – not just surviving – in the fall of 2008.

1. Eliminate junk. When I say “junk” I am referring to excess papers, old magazines, full trash cans, your re-gifted gift, or VCR that you know you'll never use. Donate anything worthy. Use the tax write-off.
2. Get organized. When your home, office and life are organized, you will make better decisions and benefit greatly in all of your small and larger daily tasks.
3. Get clear. You must get clear on exactly what you want to do. The clearer the image; the better and faster your results will appear. If you want to lose fat, you must know exactly how much and how you will do it.
4. Gain knowledge. You must have the knowledge to improve as a person or a business.
5. Become resourceful. Seek any and all opportunities to go from “where you are to where you want to be!” You can always use information in part, or full, or all aspects with existing knowledge.
6. Take advantage. While others ponder, piddle around and meander, you can be making huge strides with your life, your body and your business. This is the time!
7. Stop being inundated. After you get your fill of both sides of an issue touting their greatness, and bashing the other, turn off the TV. Being well informed is one thing, but being bombarded is another. Remember, stellar companies are born when others are afraid to act. People buying houses now will be much further ahead than if they wait. If you are in business, your time is now to gain and edge, move ahead, and let those who ponder be as they may.